

Millfields Children's Centre – ideas and links for homelearning

25th – 29th January 2021

Monday – Go Bananas!

Start at your child's little finger tap the end of each finger chanting banana, banana, banana, banana when you come to the index finger slide your finger down then up to the end of the thumb saying whoops then tap the end of the thumb and chant banana again! Repeat using other favourite words and your child's name.

Follow this link for healthy eating and cooking ideas for your baby or toddler.

Including a banana bread recipe!

<https://www.familycorner.co.uk/annabel-karmel-family-hacks-recipes>



Tuesday

Go for a walk and set yourself the mission of being super attentive to what your child is interested in. Concentrate on what they are looking at and talk about it. Let them take the lead as long as it is safe to do so!



Wednesday

Listening – spend some time honing your listening skills today. Turn off the TV and radio. What can you hear? Birds, cars, your child? Talk to your child about the things you can hear. Really listen to your child. If your baby makes a sound respond perhaps by repeating the sound so this becomes a turn taking game. If your child is talking give them plenty of time and build on what they are saying. Don't ask too many questions.

Thankful Thursday

Make a game of saying thank you. Think of all the times you can say thank you today. You could say thank you to your socks for being a nice colour or to your home for keeping the rain off your head. You can say thank you to people and to toys as you do pretend activities. You and your child could make a Thank You card for someone.

Sing Baa baa Black sheep as this has a thank you verse.

Here is a link to show you how to say thank you in sign language

<https://www.british-sign.co.uk/british-sign-language/how-to-sign/thank-you/>



Friday

Have a tea party for your toys and teddies!

Then listen to the song Animal Teaparty from London Rhymes.

It is one of our favourites.

Here is a link.

<https://www.youtube.com/watch?v=Li36A2d7Fjo>

Please feel free to contact us if you have any questions, comments or need support.

We would love to hear from you.

You can e-mail us at ccinfo@millfields.hackney.sch.uk